



We aim to recruit 1,000 Friends in the local community to share information and help raise money

- ✧ Your help is so valuable to us, it's a great way to show your support to the Hospital
- ✧ Please arrange a fun activity with friends, family and club members to fundraise for us
- ✧ Become a Friend to receive our news at [www.lymingtonhospitalfriends.org/friends](http://www.lymingtonhospitalfriends.org/friends)

## Charity with friends ... 'fun & fundraise'

Next time you get together, help us too

### Coffee Morning

- ✧ 'Charge a fiver' for tea and cake!
- ✧ Natter about your next fun charity activity

### Quiz or Race Night

- ✧ Hold a quiz or race night at your club or pub
- ✧ Buy a Race-night DVD and bunting online



## Using our name ... promote our charity

We can supply material to help you

### Logo / Posters

- ✧ Download from our website
- ✧ We can help you prepare materials

### LHF Charity T-shirt

You will soon be able to order your **LHF Charity T-shirts**.

Wear one with pride when you **support your local hospital**.



## Charity Sale ... organise a sale for us

Have some fun and support a good cause

### Bake Off

- ✧ Make some delicious cakes to sell
- ✧ Warn people if they 'contain nuts'

### Plants / Clothes / Craft Stalls

- ✧ Ask friends for items, share on social media
- ✧ Promote your event to raise money for us



## Donate your birthday ... gift to Hospital

Ask for charity help, not more unwanted stuff

### "No presents please"

- ✧ Tell your friends and family
- ✧ Ask for gifts not presents



### Gift aid it!

- ✧ We can add 20% if you donate with Gift Aid
- ✧ Ask us for Forms or use our Just Giving site



To increase your donations, why not set up a Just Giving page, linked to our site below:

[www.justgiving.com/lymingtonhospitalfriends](http://www.justgiving.com/lymingtonhospitalfriends)