



Message from the editor

January has been a busy month, developing our exciting 2020 plans, and working ever more closely with the hospital and local community.

Arthur Send your feedback/ideas to communications@lymhf.org.uk

VOLUNTEERING

Ward Friends (formerly Befrienders)



Our Ward Friends will receive ongoing coaching and support to help them support a broad range of patients. Margaret comforts ward patients and works closely with Linda Lee (Chaplain). On the team also are Annie, Sheila, Keith and Chris.

Graham our long-serving Ward Friend can often be seen taking patients for a ride around the hospital for a change of scenery.

+ Become a Ward Friend? +

We're actively recruiting. Can you recommend a friend to join us >> see our webpage **Ward Friends**



New Joint Chair

At the Board meeting on 20 January, Harry Nash stood down as Joint Chair to concentrate on his separate role as Treasurer and to continue to strengthen the Charity's financial management.

Arthur England has taken on the role of Joint Chair, working closely with with Mike Hodges, to broaden the contribution of Lymington Hospital Friends to the hospital and community, championing the Roadmap, communications, community engagement and fundraising.

Google ... 'Keep Warm Keep Well' to find out how you can to help keep vulnerable people safe this winter.

Keep Warm Keep Well



Our Volunteering Values ... providing excellent front-line service

We CARE

We serve the needs of patients, carers, visitors and staff in the café or shop, on trolley or paper rounds, as guides or ward friends and in the office.

We CONTRIBUTE

We give a regular 'gift of time' in the Hospital. Some volunteers also help with external events and fundraising activities in the community.

We COLLABORATE

We work together as a volunteer team alongside the Hospital staff to provide a high quality of service and to support each other.

We COMMUNICATE

We share news about our services and give feedback to Louise and the Trustees to enable us solve any issues and improve as a team.

"Lou's Snippets"

- ✓ Susan Gilbey is a new starter in January
- ✓ The new Coffee Machine is on order!!
- ✓ Cake sale is back Tuesday 4th Feb!

Just ask Louise ...

ps

Please ask **your friends ...** to become **OUR FRIENDS**

It only takes a minute to subscribe to LHF News online for updates **about what we do** and **how you can help ...**

www.lymingtonhospitalfriends.org/friends



FUNDRAISING 2020

Jan Fundraising

A steady flow of small donations so far £2,084.

Fundraising Workstream

We've held a planning session to agree a range of fundraising initiatives. More details next month .. **let us know your ideas!**

Fundraising Calendar

We will start to publish dates and venues.

Fundraising Pack

To promote fundraising by the public, friends and staff, we are creating an online resource pack:

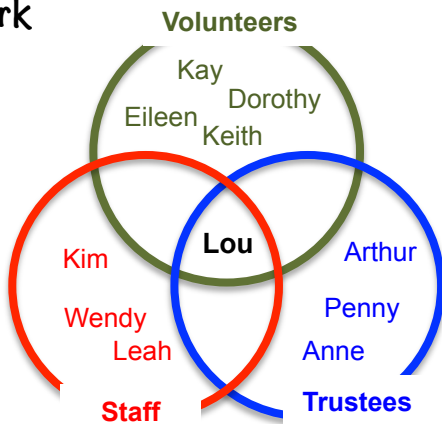
- ✓ **Personal Challenges** and sponsored **Teams**
- ✓ Fun ideas for **Friends & Families**
- ✓ Raising money at **Work, Clubs** etc
- ✓ Tips on running **Events**

Lou's Network

Lou's group of

- ✦ Volunteers
- ✦ Staff
- ✦ Trustees

... met in Jan to share ideas on 'working together' and fundraising activities.



TRUSTEES - Workstreams

Strategic Workstreams

At our January Board meeting we agreed eight key workstreams and priorities for 2020. Trustees lead work groups + support roles – working with Lou.

- **Hospital** (Mike)
- **Roadmap/Fundraising** (Arthur)
- **Finance** (Harry)
- **Compliance** (Claire/Christopher)
- **Operations** - delivered by Louise
 - **Volunteers** (Penny/Anne)
 - **Office** (Alastair)
 - **Shop/Café** (Penny)



Close up on Penny

Penny was brought up in Lymington and worked as a student auxiliary nurse in the old Lymington Hospital. She returned with her family to their Lymington home in 2008. Penny qualified as a pharmacist and enjoyed a varied career, from hospital and industry to community pharmacy until working for the military. Her final role before retirement was with the Royal Navy as their first Command Pharmacist.



Penny has a wide experience in people management, training and Patient Safety with medical equipment and pharmaceuticals. She is committed to helping Lymington Hospital Friends support our local hospital, services and patients.

HOSPITAL – we are busy!

- Acute admissions around **200** pm
- Outpatient clinics/diagnostics **60,000** pa
- Physio outpatients **20,000** new pa
- Ambulatory Care around **300** pm

Spa Day for Two! ... win our New Year Draw

Hospital staff and volunteers. Enter our **New Year Prize Draw**. Tickets £3 from our Café and Shop. **Drawn midday Fri 6 March.**



Win an 'Essence of SenSpa' Luxury Spa Day for 2 at Careys Manor Hotel, Brockenhurst