

## Message from the editor

Amazing work by our Raffle teams, raising over £6,500!  
Find out about our new Roadmap and what it means for us >>>  
*Arthur PS hope you enjoy our fresh new look for 2020 😊*

## VOLUNTEERING

### Santa's little helpers - deliver Christmas cheer



On Christmas Eve, four smashing grandchildren Lucy, Penelope, Ben & Hannah plus Cheddar (the labrador) dashed around the wards to give Christmas parcels to all patients who were unable to be at home with their families and friends. Louise and Alison Davies (Matron), were also joined by Arthur and Mike (Trustees).

Lots of work went on behind the scenes to buy and wrap the Xmas gifts for patients. Many volunteers, patients and staff joined in selling Raffle tickets in the hospital and in the community, beating our previous figures ... report overleaf.

### Befriender Coaching (7 Jan)

We are holding a coaching session for Befrienders to help them develop their skills. This will benefit patients who need someone they can talk to if they are lonely, in need of help, or fancy a chat. Some have no visiting friends or family.

Louise has asked Alison Davies (Matron) and Linda Lee (Chaplain) to lead the session in pastoral care and signposting.

### "Lou's Snippets"

- ✓ Cake Sale 4 over £200 (total £813.95) next date Tue 4 Feb
- ✓ Fantastic Raffle £6,500 thanks to all volunteers
- ✓ We sold our St Thomas Christmas Tree for £40
- ✓ We'll install the new Coffee Machine early in the New Year

**Just ask Louise ...**

◆ See all volunteers at the 'Thank You' Lunch on 29 January

## Roadmap 2020



At the December Board, the Trustees signed off our new **Roadmap** plan, setting out our:

- ✓ Vision & Values
- ✓ Branding
- ✓ Fundraising
- ✓ Networks & Events
- ✓ Balanced Scorecard

... find out more overleaf

## Branding

We will now use the LHF brand name on all digital and print communications.

## Lymington Hospital Friends

This presents a modern, friendly image to engage with the public and promote our services. This working name has been registered with the Charity Commission, alongside the longer formal title of 'The League of Friends of the Lymington New Forest Hospital'.

## Be Warm and Safe

- Keep warm when you are out & about
- Dress in layers and wear good shoes
- Don't forget your scarf and gloves
- Watch out for puddles and patches of ice.



**... look after yourself in the cold!**

## Thank You to all our Volunteers

What a busy 2019 it's been:

- ✧ we now have more volunteers
- ✧ we all support each other
- ✧ our teams work well together

## FUNDRAISING 2020

### December Fundraising - new record

We received £11,000 this month (this includes a generous scanner donation of £5,000). If we add Gift Aid and the Raffle proceeds (see below), we raised over £18,750 in December!

### Mega Raffle of £6,500+

Well done everyone - thanks to all the fantastic work by volunteers, staff, trustees, friends and local businesses, the Raffle raised an incredible £6,500 - far exceeding expectation.



Arthur presents Hilda Scorah with the top prize SenSpa vouchers.



Penny presents Kiera Mauro with a designer scarf from Elliotts.

### Fundraising 2020

As part of the Roadmap, our trustees are now working with volunteers and staff to:

- ✧ Develop our Fundraising 2020 plan
- ✧ Explore existing/new Fundraising ideas
- ✧ Create a Calendar of activities across 2020

Call into the office with your ideas.

## TRUSTEES - Roadmap 2020

The Roadmap sets out LHF's strategy/plan.

### Vision & Values

*"We improve the care and wellbeing of patients, visitors, volunteers and staff above and beyond what the NHS can fund and provide" ...*

- "we care"
- "we contribute"
- "we collaborate"
- "we communicate"

### Balanced Scorecard

These values are set out in a scorecard for Lou, the Volunteers and Trustees.

### Friends

To engage more actively with supporters in our local community, we aim this year to recruit:

### 500 'new' Friends

To sign up for LHF News, people can simply click the "become a Friend" link on our homepage.

### Networks & Events

We also plan to work with the Hospital to deliver a series of events for Friends & others. *More next time.*



### Close up on Arthur England

Arthur moved to Brockenhurst with his family in 1992. He enjoyed a career in banking/finance and local government, managing people, business, projects, web, e-learning and communications.

Arthur aims to develop the Roadmap, PR, web and social media to raise the profile of the hospital and support fundraising with the local community. He has fundraised and volunteered for a number of charities. Arthur loves spending time with his family, travel & letterpress printing in his home studio. His labrador "Cheddar" has applied to Matron to be a 'Patients as Therapy' dog – see his 'Santa dash' trial (overleaf).



## HOSPITAL – our Consultant wins National Fellowship Award

"Neil Langridge is SHFT's Consultant Musculoskeletal Physiotherapist. At the Chartered Society of Physiotherapy's recent international conference he was awarded a Fellowship for his contribution to the advancement of the physiotherapy profession through leadership, education and the development of primary care physiotherapy. Neil's work within SHFT has been pivotal in NHS England's plans to support GP capacity and streamline services nationally. He was invited to close the conference with a plenary presentation accompanied by Beverley Harden (Allied Health Lead for Health Education England) and Karen Middleton (the Society's Chief Executive).



We hope you find **LHF News** useful ... please share your views and ideas via [arteng@me.com](mailto:arteng@me.com).