

Message from the editor

It's almost Christmas and a busy time for the hospital, staff, volunteers, friends and families. A big thank you for all your hard work.

See overleaf for news about our improved website and 'new' Friends.

Arthur PS Please keep up the good work selling Raffle Tickets!



*"Merry Christmas
& Happy New Year"
... to all our readers.*

VOLUNTEERING News

Thanks to all our 'Raffling Volunteers'



This lovely lady was so excited about helping her grandson buy a book of raffle tickets from Hilary ... that she forgot to take her tickets! We contacted her by phone and soon sorted it out.

PS You've got to love their smashing matching Xmas outfits ... and the essential cup of coffee !! Ed.

Please help us sell tickets in the hospital, to your friends & family ... and local contacts.

Volunteer Roll Call

We value the support of all of the new volunteers joining our great team.

Say hello to our recent volunteers and help them to settle in to their new roles.

New Starters

Welcome to our new recruits:

- ❖ Philip Morris (café)
- ❖ Alex Jubb (befriender)

Winter Care tips

Flu and cold season is now here, please wrap up warm with layers and drink plenty of warm fluids! Have a good night's rest and start the day with a healthy breakfast too!



... don't forget your flu jab!

"Lou's Snippets"

- ✓ Cake Sale 3 raised £211.50 .. That's over £600 so far!!
- ✓ We are closing at 1pm on Christmas Eve
- ✓ Christmas cards are selling like hot cakes - get yours today!
- ✓ I've arranged some volunteers' grandchildren - in Christmas jumpers, hats etc - to accompany me on the *Ward Present Run* on Christmas eve! Trustees welcome in Santa outfits!!
- ✓ Our Grand Xmas Draw will take place on 20 December ... **"keep on raffling" >> and get your money to Lou !!**

Just ask Louise ...

◆ I love to hear your news and ideas ... *Lou*

*"Thank you"
Lunch for
Volunteers*

Hope all volunteers can join us on Wednesday 29 January from Midday to 2:30pm.

PS .. don't forget to RSVP Louise



FUNDRAISING News

Fundraising

In November we raised more than £4,500.
...**Thank you to all who regularly support us.**

Fundraising 2020 (FR2020)

We are now busy planning our **FR2020 Events Calendar**... find out more in LHF News 5 (Jan 2020) ... **we need your help please!**

We're asking volunteers, staff and friends to share your ideas with Lou and the Trustees:

- ✧ what ideas do you have for events?
- ✧ what has/hasn't worked well before? ... why?
- ✧ have you seen ideas from other charities?

****Add to our FR2020 Planner in the Office****

Raffling 2019 ... please help sell tickets

Well done to many volunteers, staff, friends and local businesses ... we'll sell tickets up to midday on the 20th December (Grand Draw Day) in the hospital. **Have you joined in yet!!**

REMEMBER All cash for tickets sold by friends, shops & pubs MUST be collected by 18th December and paid in to Lou.

Please keep in touch with people who are helping you sell tickets to encourage their sales .. we don't want tickets returned unsold.

HOSPITAL News

There's a lot going on around the hospital this Christmas:

- **Christmas Raffle** - buy your tickets, loads of great prizes (draw 20 December)
- **Recorder Group** - playing in Blood Test Waiting Area (10 December 10am-11am)
- **Christmas Carol Service + refreshments & mince pies** - Outpatients Atrium (12 December 3pm)
- **Girl Guides Carol Singing on the Wards** (16 December 6:30pm-7:30pm)

Please note ... over Christmas some services will be closed

- ❑ On Christmas Day, Boxing Day and New Year's Day - there will be no Outpatients clinics or Theatres and Ward visiting times for these days will be 11am - 8pm
- ❑ The League of Friends Office will close at 1pm Christmas Eve and re-open at 7:30am on 2 January

We hope you find **LHF News** useful ... please share your views and ideas on communications@llof.org.uk

TRUSTEE News

As mentioned last month, one of our 3 working groups is improving how we communicate. Our aim is to promote the work of the hospital and engage more effectively with the local community.



Community & Communications
(Arthur)

We have launched two initiatives, see more online ...

Better website www.lymingtonhospitalfriends.org

- ❑ Improved layout, with more useful info and links
- ❑ Adding Hospital and Healthcare information

'New' Friends ...

- ❑ We aim to recruit an 'army' of 'new' Friends
- ❑ Who will **help us, share news and fundraise**
- ❑ Find out more on the [Friends](#) page on our website

Close up on Alastair Mann



Alastair moved to Lymington in 2016. He was a management consultant in the oil industry, then worked for a large US IT services company, managing learning and development professionals across Europe.

Alastair helped the running of the Friends' office as a volunteer for two years before becoming a Trustee. In addition to managing procedures, he is keen to develop Lymington New Forest Hospital as a valuable asset in the local community.